



**INVITATION TO APPLY FOR
JUNIOR WELSH SQUAD 2010-2011**

SELECTION CRITERIA

We are looking for Junior Welsh Archers who can shoot to the level of 1st Class and above in their various Bow disciplines. **The squad will be limited to 12 places** so please ensure that your forms are in on time.

Following procedures instituted by the British squads each member will be encouraged to keep a very basic training diary/journal which will need to be seen each squad weekend – this will enable the coaches to advise on an individual training programme. Keeping training diaries has been used for the last few years and archers have found them to be of benefit to keep them focussed on their training and setting their own personal goals.

Squad sessions will be held at the Llanharan Recreational Hall, Llanharan ie the venue used by Blandy-Jenkins Archers. Dates for squad sessions are:

- Saturday 30th October 2010
- Saturday 20th November 2010
- Saturday 29th January 2011
- Saturday 19th February 2011
- Saturday 19th March 2011

All sessions will be from 9.30 am – 4.30 pm

Coaches in charge of the squad will be Kerry Davies plus 2 others TBA

The Squad Administrator is Pat Widger – tel no 01446 735260; email: widgerwaa@aol.com

PLEASE COMMENT AS FOLLOWS:

What do you want to gain from attending squad?

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What would you like to see included in the squad programme?

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Cont....

PLEASE SEND DETAILS OF YOUR THREE BEST OUTDOOR SCORES

TO : Mrs Pat Widger, 241 Barry Road, Barry, Vale of Glamorgan CF62 9BH

Closing date for applications 30th SEPTEMBER 2010

SCORES SUBMITTED FOR EVALUATION

DATE	EVENT	ROUND	SCORE	HANDICAP

ARCHER.....
CLUB.....
DOB.....
ADDRESS.....
.....

Tel No.: GNAS No:
Email:

Please give contact details of your club/personal coach:
Name: Tel. No.
Email:

Have you been accepted on any other squad YES/NO If 'Yes' please state which
squad.....

I AGREE TO ATTEND ALL SQUAD DATES UNLESS PREVIOUSLY DISCUSSED BY SQUAD
MANAGERS

SIGNED ARCHER.....

PARENT/GUARDIAN.....

Date _____